



蘇州大學
Soochow University

HLT 103 Health and Society

Winter 2024

Course Credits: 4

Contact Hours: 56 hours

Instructor: TBA

Email:TBA

COURSE OBJECTIVES

This course explores the intricate interplay of social, behavioral, historical, and political elements in shaping public health within local, national, and global contexts. We delve into the multifaceted ways in which health is impacted by various factors, including age, gender, culture, race/ethnicity, social class, and geographic location. Through critical analysis, we examine public health issues and potential solutions, considering both individual risk factors and the broader structural influences. Additionally, we navigate the complex balance between individual rights and the collective welfare in public health matters. Throughout the course, we scrutinize how our perceptions of health and well-being both inform and are informed by the healthcare system, personal values, and underlying assumptions.

Upon Completion of this Course, students will be able to:

1. Identify and evaluate holistically the factors of human health such as geographical areas, socio-economic, bio-cultural and ecological;
2. Evaluate the impact of culture, socialization, and social structures on health behaviors and outcomes;
3. Exhibit critical thinking and scientific temperament while explaining health choices, human behaviour and in creative and pragmatic problem solving around health issues;
4. Examine issues related to deviance, race, ethnicity, and gender as they pertain to health.

PREREQUISITES

None



GRADING

Grades will be determined by accumulating points, with 100 points being the maximum, as follows:

ITEM	POINTS
2 Assignments	10 Points
2 Quizzes	20 Points
Final Paper and Presentation	20 Points
Midterm Exam	20 Points
Final Exam	30 Points
Total	100 Points

Late submissions will be graded at the end of the course. Grades will be assigned according to the following rule:

$A \geq 90 > B \geq 80 > C \geq 70 > D \geq 60 > F$.

We reserve the right to make adjustments to the overall grading policy.

COURSE MATERIALS

Required Texts:

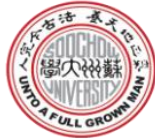
Mary-Jane Schneider, *Introduction to Public Health*, 5th edition.

Recommended (Optional) Texts or Other Materials:

None

COURSE TOPICS

MODULE	TASKS
Module 1	Topics: Topic 1: Introduction to Health and Society Topic 2: Sociological Research Methods in Health Topic 3: Culture and Health Topic 4: Socialization and Health Assessments: Assignment #1



Module 2	Topics: Topic 5: Social Interaction and Social Structure Topic 6: Groups and Organizations in Health Topic 7: Deviance and Health Topic 8: Social Class and Health Stratification Assessments: Quiz #1
Module 3	Topics: Topic 9: Race, Ethnicity, and Health Topic 10: Sex and Gender in Health Topic 11: Mental Health Topic 12: Physical Health Assessments: Assignment #2 Midterm Exam
Module 4	Topics: Topic 13: Mortality Risk and Public Health Topic 14: Healthcare Systems and Policy Topic 15: Cardiovascular Health Topic 16: Immunity and Infection Assessments: Quiz #2
Module 5	Topics: Topic 17: Personal Safety Topic 18: Health Care, Health Research, and Bioethics Topic 19: Aging and Dying Topic 20: Health Advocacy and Social Change Assessments: Final Paper and Presentation Final Exam

ATTENDANCE

1) Class attendance is required. Missing classes without permission will lead to decrease in overall grade.

Missing less than two classes: no penalty.

Missing more than two classes: 7% will be taken off from the overall grade.

If the instructor reports a student's frequent missing of class to the Soochow University Academic Administration Office, the student might get a written warning and might be prohibited from attending final exam.



2) Participants in this course are expected to arrive in class promptly and adequately prepared. The primary objective of this course is to critically engage with the readings and the subject matter. Therefore, course participants are expected to have completed the reading prior to class and prepare thoughtful reflections/commentaries to share with fellow colleagues.

LEARNING REQUIREMENTS

- 1) Late assignments are not acceptable and are subjected to grade deductions.
- 2) Assignments submitted in the wrong format will be counted as not submitted.
- 3) Failure to submit or fulfill any required course component results in failure of the class.
- 4) Make-up for midterm and final exams only with valid excuses, as defined by the University.
- 5) In order to earn a Certificate of Completion, participants must thoughtfully complete all assignments by stated deadlines and earn an average quiz score of 50% or greater.

TECHNOLOGY POLICY

The use of electronic devices in class is distracting, both for the user and for the rest of the class. Only non-programmable calculators can be used in the tests and exam. Any attempts to use cell phones and other electronic communication devices will be seemed as cheating. Laptops are discouraged, unless you use them for activities DIRECTLY related to the course (eg., note taking, reading course documents).

ACADEMIC INTEGRITY POLICY

Soochow University highly values the academic integrity and aims to promote the academic fairness, honesty and responsibility. Any academic dishonesty behaviors and any attempts to cheats and plagiarism will be reported to the university administration office. A written warning and the relevant penalties will be imposed. The record might be shown on the official university transcript.

DISABILITY ACCOMMODATION



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Soochow University is committed to maintaining a barrier-free environment so that students with disabilities can fully access programs, courses, services, and activities at Soochow University. Students with disabilities who require accommodations for access to and/or participation in this course are welcome.

Note:

Please contact the University Administrative Office immediately if you have a learning disability, a medical issue, or any other type of problem that prevents professors from seeing you have learned the course material.