



蘇州大學
Soochow University

Soochow University

PSY 100 Introduction to Psychology

Winter 2021

Course Information

Course Credits: 4

Contact Hours: 58 hours

Class Time: 8:30 - 10:20

Instructor: TBA

Course Format: Online

Course Description

The course gives an in-depth introduction to various areas of psychology including language, intelligence, human development, personality, psychological disorders, motivation, stress, psychoanalytic theories, humanistic theories, psychological disorders, social psychology and etc. The course also instructs students on how to apply the theoretical concepts to real world and use the scientific methods to carry-out research adhering to strict psychological guidelines within various areas.

Prerequisite (s)

None.



Learning Objectives

Upon completion of this course, students will be able to:

1. Gain insights into the basic elements and definitions of psychology and psychological research methods;
2. Get acquainted with different psychological theories and methodologies;
3. Study the research methods and analyze the results;
4. Apply the psychological concepts to the phenomena observed in real life..

Methodology

Methodology	Hours	Hours of work During class	Hours of work After class
Online Video	50	88 hours (60%)	
Online Forum Discussion	8		
Assessment	30		
Personal study	30		68 hours (40%)
Tasks	22		
Practical teaching preparation	10		
Bibliographic search	6		
Total	156	88	68

Textbook (s)

Mastering the World of Psychology by Samuel E. Wood, Ellen G. Wood and Denise Boyd, 5th Edition, Pearson, 2013.



Tasks and Evaluation

Assignments	20% (10% per assignment)
Essays	20% (10% per essay)
Midterm	25%
Final exam	35%

Students are required to attend online classes on the scheduled time. Missing classes without permission will lead to decrease in overall grade.

- Missing less than two classes: no penalty.
- Missing more than two classes: 7% will be taken off from the overall grade.

Online forum discussion is required. Students are required to post at least one question and answer at least one question on the forum weekly.

Online Tutorials are mandatory. Students will read and discuss academic articles provided. Students will also discuss the case studies for the week's lectures. Each Tutorial will be 1 hour.

All exams will be held online and the time of each exam will be limited to 1 hour. Exams must also be taken at the scheduled time. There will be no make-up exams.

Rating System:

1. Assessment

ASSESSMENT ITEM	PERCENT OF FINAL GRADE
Assignments	20% (10% per assignment)
Essays	20% (5% per essay)
Midterm	25%
Final exam	35%



2. Grading Scale

A+ 96-100	A 90-95	A- 85-89
B+ 82-84	B 78-81	B- 75-77
C+ 71-74	C 66-70	C- 62-65
D 60-61	F < 60	

Course Content

Week	Lecture	Topics	Dues	%
1	1	Introduction to Psychology		
	2	Research Methods and the Scientific Approach		
	3	Biology and Behavior		
	4	Online Tutorial 1		
2	5	Nervous System	Assignment 1	10
	6	Sensation and Perception		
	7	Sensation and Perception (Cont.)		
	8	Online Tutorial 2		
3	9	Consciousness		
	10	Lucid Dreaming, Meditation, Hypnosis		
	11	Learning		
	12	Online Tutorial 3		
4	13	Pavlov and Classical Conditioning; Skinner and Operant Conditioning	Essay 1	10
	14	The Role of Reinforcement and Application to Education		
	15	Memory		
	16	Online Tutorial 4		



5	17		Midterm Test	25
	18	Remembering as Reconstruction		
	19	Cognition, Language, and Intelligence		
	20	Online Tutorial 5		
6	21	Cognition, Language, and Intelligence (Cont.)	Assignment 2	10
	22	Human Development		
	23	Phase and Theories of Development		
	24	Online Tutorial 6		
7	25	Motivation and Emotion		
	26	Motivation and Emotion (Cont.)		
	27	Health and Stress		
	28	Online Tutorial 7		
8	29	Sources and Connection	Essay 2	10
	30	Personality Theory and Assessment		
	31	Humanistic Theories		
	32	Online Tutorial 8		
9	33	Psychological Disorders		
	34	Psychological Disorders (Cont.)		
	35	Insight, Relationship Therapies		
	36	Online Tutorial 9		
10	37	Behavior and Cognitive Behavior Therapies	Final Exam	35
	38	Biomedical Therapies		
	39	Social Psychology		
	40			



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University Regulations and Services

Soochow University highly values the academic integrity and aims to promote the academic fairness, honesty and responsibility. Any academic dishonesty behaviors and any attempts to cheats and plagiarism will be reported to the university administration office. A written warning and the relevant penalties will be imposed. The record might be shown on the official university transcript.

Soochow University also highly respects students' accommodation for disabilities and religions. You might contact the Student Accessibility Office if you have any questions, concerns or if you would like to report any offensive behaviors.

Note:

Please contact the University Administrative Office immediately if you have a learning disability, a medical issue, or any other type of problem that prevents professors from seeing you have learned the course material.