



蘇州大學  
Soochow University

# PSY 130 Survey of Psychology

Summer 2023

**Course Credits:** 4

**Contact Hours:** 55 hours

**Instructor:** TBA

**Email:**TBA

## **COURSE OBJECTIVES**

This course introduces the basic concepts and theories in the survey of psychology. The topics covered in this course include the definition of psychology, research methods, legal and ethical issues, critical thinking, biological basis of behavior, implications for research and practice, and scholarly review of important areas of counseling psychology with insightful analyses. After taking the course, students will develop solid grounding for the survey of psychology and be well-prepared for further study in the related field.

Upon Completion of this Course, students will be able to:

1. Master the methods used in psychological research including experimental and biological approaches
2. Search, select, analyze and summarize research literature in the field of psychology
3. Describe the strengths and weaknesses of the methods used in selected studies
4. Orally and literally present the result of a psychological survey

## **PREREQUISITES**

N/A

## **GRADING**

Grades will be determined by accumulating points, with 100 points being the maximum, as follows:



ITEM	POINTS
2 Assignments	20 Points
Quiz	20 Points
Midterm Exam	25 Points
Final Exam	35 Points
Total	100 Points

Late submissions will be graded at the end of the course. Grades will be assigned according to the following rule:

$A \geq 90 > B \geq 80 > C \geq 70 > D \geq 60 > F$ .

We reserve the right to make adjustments to the overall grading policy.

## COURSE MATERIALS

### **Required Texts:**

Steven D. Brown, Robert W. Lent, *Handbook of Counseling Psychology*, 4th Edition, John Wiley & Sons, Inc., 2008.

### **Recommended (Optional) Texts or Other Materials:**

None

## COURSE TOPICS

MODULE	TASKS
Module 1	<b>Topics:</b> Topic 1: Introduction: Legal Topic 2: Technological Advances Topic 3: A Growing Internationalization of Counseling Psychology Topic 4: The Interface of Counseling Psychology and Positive Psychology Topic 5: Conceptual and Measurement Issues in Multicultural Psychology Research <b>Assessments:</b> Assignment#1



Module 2	<p><b>Topics:</b> Topic 6: Theoretical and Empirical Advances Psychology Topic 7: Social Class and Classism、 Topic 8: Psychology of Gender Topic 9: Counseling Psychology and Sexual Orientation Topic 10: Measuring and Improving Psychotherapy Outcome in Routine Practice</p> <p><b>Assessments:</b> Assignment#2</p>
Module 3	<p><b>Topics:</b> Topic 11: the Science of Common Factors in Psychotherapy Topic 12: A Tripartite Model of the Therapeutic Relationship Topic 13: A Tripartite Model of the Therapeutic Relationship (Cont.) Topic 14: Facilitating Insight in Counseling and Psychotherapy Topic 15: Therapist Directions</p> <p><b>Assessments:</b> Midterm Exam</p>
Module 4	<p><b>Topics:</b> Topic 16: Culture and Race in Counseling and Psychotherapy Topic 17: Developments in Counseling Skills Training and Supervision Topic 18: Advances in Vocational Theories Topic 19: Work, Family, and Dual-Earner Couples Topic 20: Understanding and Promoting Work Satisfaction</p> <p><b>Assessments:</b> Quiz</p>
Module 5	<p><b>Topics:</b> Topic 21: Promoting Positive Development Topic 22: Promoting Health and Preventing and Reducing Disease Topic 23: Substance Abuse Prevention and Treatment Topic 24: Substance Abuse Prevention and Treatment (Cont.) Topic 25: Final Exam Reviews</p> <p><b>Assessments:</b> Final Exam</p>

## ATTENDANCE

1) Class attendance is required. Missing classes without permission will lead to decrease in overall grade.

Missing less than two classes: no penalty.

Missing more than two classes: 7% will be taken off from the overall grade.

If the instructor reports a student's frequent missing of class to the Soochow



University Academic Administration Office, the student might get a written warning and might be prohibited from attending final exam.

2) Participants in this course are expected to arrive in class promptly and adequately prepared. The primary objective of this course is to critically engage with the readings and the subject matter. Therefore, course participants are expected to have completed the reading prior to class and prepare thoughtful reflections/commentaries to share with fellow colleagues.

### **LEARNING REQUIREMENTS**

- 1) Late assignments are not acceptable and are subjected to grade deductions.
- 2) Assignments submitted in the wrong format will be counted as not submitted.
- 3) Failure to submit or fulfill any required course component results in failure of the class.
- 4) Make-up for midterm and final exams only with valid excuses, as defined by the University.
- 5) In order to earn a Certificate of Completion, participants must thoughtfully complete all assignments by stated deadlines and earn an average quiz score of 50% or greater.

### **TECHNOLOGY POLICY**

The use of electronic devices in class is distracting, both for the user and for the rest of the class. Only non-programmable calculators can be used in the tests and exam. Any attempts to use cell phones and other electronic communication devices will be seemed as cheating. Laptops are discouraged, unless you use them for activities DIRECTLY related to the course (eg., note taking, reading course documents).

### **ACADEMIC INTEGRITY POLICY**

Soochow University highly values the academic integrity and aims to promote the academic fairness, honesty and responsibility. Any academic dishonesty behaviors and any attempts to cheats and plagiarism will be reported to the university administration office. A written warning and the relevant penalties will be imposed. The record might be shown on the official university transcript.



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## **DISABILITY ACCOMMODATION**

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Soochow University is committed to maintaining a barrier-free environment so that students with disabilities can fully access programs, courses, services, and activities at Soochow University. Students with disabilities who require accommodations for access to and/or participation in this course are welcome.

Note:

Please contact the University Administrative Office immediately if you have a learning disability, a medical issue, or any other type of problem that prevents professors from seeing you have learned the course material.